

Recess Refresh: A Fresh Fruits & Veggies Program

St. Serra has partnered with local, family-owned, Moon Goat Farms to provide our students with farm-to-school produce daily as part of our fresh produce program. Once a week Mrs. Word, St. Serra Mom and Moon Goat Farm Founder, delivers the produce to the school and each morning parent volunteers chop and distribute the produce to students.

This new program takes place during recess for grades TK-8 and student feedback has been excellent!

Examples of produce that has been served include: lettuce, apples, celery, bananas, and pears.

Volunteers follow food handling safety and are gloved and masked whenever handling the produce.

The fresh fruits and veggies program is intended to be a delicious and nutritious supplement to your child's snack. Please remember to still send a snack with your child each day.



Parent volunteers distribute fresh fruits and vegetables during the Lower School recess time.



The Word Family, owners of Moon Goat Farms.

Moon Goat Farms is a small, intensive market garden, situated in the beautiful Canyons in Trabuco. With more than thirty varieties of crops they deliver quality and diversity and specialize in many things, from produce boxes delivered straight to your door to fresh local quail eggs and even magnificent event cakes.

Click [here](#) to learn more about Moon Goat Farms.