## The Battleground: Parents Versus Children

"Who rules the household?" We laugh about this lighthearted joke, but it can stop being funny when our children approach the 'tween stage'. It's at this point that many parents find themselves often wondering why their kids are behaving in certain ways. This informative presentation will focus on parenting styles and what it means to hold our families accountable. We will explore how to implement positive and constructive boundaries and consequences with our children, tweens, and adolescents.

## We want to give our children "everything," but at what cost?

## Tuesday, January 24, 2023 6:00 p.m. ST. SERRA CATHOLIC SCHOOL Student Activity Center

Charise Casiano, MS is a Licensed Marriage Family Therapist who began her private practice in Orange County in 2001 and later founded Renew Psychotherapy in 2007. Mrs. Casiano's professional journey has included working with juvenile delinquents, foster care, and adoption agencies. She spent two years working in East LA at homeless shelters and medical care facilities. Prior to her move to Orange County, she was a junior high teacher, a youth minister, and did consulting work for various dioceses within California, and spent time doing missionary work throughout the United States. Mrs. Casiano currently divides her work between her private practice, speaking engagements, and consulting with various schools and small businesses. She takes a proactive approach in her therapy, focusing on education and choices so that her clients learn to make constructive and positive choices, despite where they come from and life stressors.

